

Principal: Mark Woodhouse

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25<sup>th</sup> April 2019

Dear Parent/Carer

**Cambridge Nationals Water Sports Trip to Whitlingham Adventures  
4<sup>th</sup> June 2019**

We have the opportunity to take the Cambridge Nationals students to Whitlingham Country Park in Norwich on 4<sup>th</sup> June 2019. As part of their course, the students must be assessed in a variety of sports and on this trip will have the opportunity to take part in kayaking. We will be departing school at 9am (students should meet at the sports hall at **8.45am**) and return at 2pm. Students will return to in time for period 5 and will therefore need to bring their uniform to change into after the trip ready for the lesson.

Participants will need to bring:

- Packed lunch and plenty of water
- Small bag/rucksack/holdall to store clothes etc
- Changes of clothes (school uniform)
- Plastic bags for wet and dirty clothes
- A towel
- Sunscreen & sun hat when warm
- Change of footwear
- Closed toe footwear with laces/zip/Velcro fastening
- Light comfortable clothes you don't mind getting wet

Students are advised to bring a small bag/rucksack/holdall to put their clothes in when changed. These will be stored in a shared group cabin therefore all participants should not to bring any valuables with them.

The cost of the trip is £30 per student (payable via School Money) which includes the price of the session and travel to and from the centre. If your child is entitled to free school meals then please contact me to discuss the possibility of further subsidised places. If your child would like to go on the trip, please complete and sign the consent form attached. Please note that there are limited places available.

Yours faithfully

**Miss L Tilbrook**  
**Teacher of PE**  
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