

Principal: Mark Woodhouse

Brandon Road  
Swaffham  
Norfolk  
PE37 7DZ  
T: 01760 721480  
F: 01760 721269  
E: [office@tnha.org.uk](mailto:office@tnha.org.uk) <http://tnha.org.uk/>



10<sup>th</sup> October 2018

Dear Parent/Carer

### **'RESTART A HEART DAY'**

Tuesday 16<sup>th</sup> October is 'Restart a Heart' day. The East of England Ambulance Service is offering CPR training on this day. The aim is for the students to learn how to perform CPR on inflatable manikins through a DVD and instructors and your child has been chosen to take part.

Students in Years 10 to 13 have been selected as some of the subjects they take at GCSE/A'level require them to have knowledge of how to undertake such a procedure and therefore this is an opportunity to learn this content in a fun and practical way.

We also feel that Year 7 students should have this invaluable knowledge and this would be an excellent learning opportunity for them.

The session will last for 30 minutes. All the instructors have a DBS Certificate and a member of the academy staff will be present at all times.

Should you have any questions, please do not contact me at my e-mail address: [k.warnes@tnha.org.uk](mailto:k.warnes@tnha.org.uk).

Yours faithfully

**Mrs K. Warnes**  
**Director of Pastoral Care**

**Determined to be...**  
**'the best that we can be'**