

AUTUMN TERM YEAR 11	
Core Theme 1 Health and Wellbeing	
DEEP LEARNING DAYS	Looking after your mental health Dealing with exam stress Making the right choices regarding drugs and alcohol Revision skills and techniques to avoid stress - am I ready? What revision techniques work best for me, how will I use them?
DISCIMUS/ASSEMBLY	Short and long tem effects of substance abuse
Core Theme 2 Relationships	
DEEP LEARNING DAYS	Recognising exploitation and bullying in relationships – manipulation, persuasion or coercion and how to respond Dishonour based violence / forced marriage (FGM if appropriate) Assessing readiness for sex Teenage pregnancy Parenting skills
DISCIMUS/ASSEMBLY	Anti-bullying Cyber bullying and the consequences
EXTRA-CURRICULAR	Healthy Relationships (Murdered by my boyfriend)
Core Theme 3 Living in the wider world; economic wellbeing, careers and the world of work	
DEEP LEARNING DAYS	CV Writing Work skills Hope not hate campaign – looking at extreme views Careers options
DISCIMUS/ASSEMBLY	Coping with exam stress Planning and preparation Financial awareness Planning for post 16
EXTRA-CURRICULAR	Observation of Armistice Day Careers hub drop in sessions Revision skills
COMMUNITY	YAB voting Youth parliament voting

SPRING TERM YEAR 11	
Core Theme 1 Health and Wellbeing	
DEEP LEARNING DAYS	HIV/STD/AIDS protection Short and long term effects of substance abuse Coping with exam pressure Reflection – how have I grown, am I prepared for life after Yr 11?
DISCIMUS/ASSEMBLY	Taking responsibility for own lifestyle Making effective use of feedback
EXTRA-CURRICULAR	Careers hub drop in sessions
Core Theme 2 Relationships	
EXTRA-CURRICULAR	Developing awareness of exploitation and bullying in relationships – theatre production
Core Theme 3 Living in the wider world; economic wellbeing, careers and the world of work	
DEEP LEARNING DAYS	Revision skills – active revision, managing my time and achieving a balance
DISCIMUS/ASSEMBLY	Women’s rights and women in the work place Rags to riches/riches to rags Patriotism careers Radicalisation – it could happen in Swaffham, it happened in Kings Lynn Human Rights – understanding the media’s portrayal of refugees
EXTRA-CURRICULAR	Young driver awareness Government and the right to vote