

YEAR 12	
Core Theme 1 Health and Wellbeing	
ASSEMBLIES	<p>Recognise when you or your friends need support with your mental health</p> <p>Recognise the impact of media stereotypes on body image</p> <p>Self esteem</p> <p>Online safety in all its forms</p> <p>Safety off - line</p>
DEEP LEARNING DAYS	<p>Managing being you in different places</p> <p>Fitting in and making new friends</p> <p>Self esteem</p>
FORM TIME	<p>Online safety in all its forms</p> <p>Managing alcohol and drug use</p>
EXTRA-CURRICULAR	<p>Maintain work –life balance including the importance of regular exercise and sleep</p> <p>Dietary supplements</p>
Core Theme 2 Relationships	
ASSEMBLIES	<p>Recognizing and managing, negative influence, manipulation and persuasion</p> <p>Appreciate the ways different cultures and faiths view relationships</p> <p>Respecting other’s rights to hold their own views</p> <p>Physical dangers, legal and career consequences of carrying offensive weapons</p>
DEEP LEARNING DAYS	<p>Understand the difference between love and lust</p> <p>Recognizing and managing, negative influence, manipulation and persuasion</p> <p>Understand and value the concept of consent in relationships</p> <p>Understand the moral and legal responsibility born by the seeker of consent and the importance of respecting and protecting people’s right to give, not give, or withdraw their consent - understand the legal consequences of failing</p> <p>Managing harassment and stalking</p> <p>Understand and appreciate the advantages of delaying parent hood</p> <p>Understand the consequences of an unintended pregnancy</p> <p>Negotiate and if necessary assert the use of contraception with a partner</p> <p>Understand the advantages and disadvantages of different forms of contraception including those that will protect against STIs, manage the use of them and know how and where to access them.</p>
FORM TIME	<p>Accept and use positive encouragement and constructive feedback</p> <p>Managing the end of relationships safely and respectfully</p> <p>Recognise and respect what is meant by professionalism in the work place and understand the boundaries around professional relationships</p>
EXTRA-CURRICULAR	<p>Recognise forced marriage and dishonor based violence</p> <p>FGM</p>
Core Theme 3 Living in the wider world; economic wellbeing, careers and the world of work	
ASSEMBLIES	<p>Being critical consumers of on line information in all its forms</p>

	<p>Understand why you need to think critically before sharing stories</p> <p>Understand cults, extremism and radicalisation</p> <p>Recognise and challenge prejudice and discrimination</p>
DEEP LEARNING DAYS	<p>Planning budget</p> <p>Understand the concept of customer service</p> <p>Understand savings options</p> <p>Managing debt</p> <p>Match career to personal interests, attributes and skills</p> <p>Understand and be able to access further education including apprenticeships</p> <p>Understand and manage Health and safety in the workplace</p> <p>Understand the importance of confidentiality and security in the workplace</p> <p>Manage and recognise bullying and harassment in the workplace</p> <p>Recognise the different roles of HR and trade unions</p> <p>Reflection – how can I save, will I manage away from home – how I can I pay for what I need</p>
FORM TIME	<p>Applying for future roles</p> <p>Interview skills</p> <p>CV writing</p> <p>Identifying specific skills and qualities</p>
EXTRA-CURRICULAR	<p>Interview skills</p>

YEAR 13	
Core Theme 1 Health and Wellbeing	
ASSEMBLIES	Recognise the impact of media stereotypes on body image Self esteem Dietary supplements
DEEP LEARNING DAYS	Maintaining a healthy diet on a budget Learning to prepare meals Recognise the impact of media stereotypes on body image Self esteem Safety off – line
FORM TIME	Online safety in all its forms
EXTRA-CURRIULAR	Maintain work –life balance including the importance of regular exercise and sleep Managing alcohol and drug use
Core Theme 2 Relationships	
ASSEMBLIES	Accept and use positive encouragement and constructive feedback Recognising and managing, negative influence, manipulation and persuasion Understand and value the concept of consent in relationships Recognise and respect what is meant by professionalism in the work place and understand the boundaries around professional relationships
DEEP LEARNING DAYS	Understand the moral and legal responsibility born by the seeker of consent and the importance of respecting and protecting people’s right to give, not give, or withdraw their consent – understand the legal consequences of failing Understand the advantages and disadvantages of different forms of contraception including those that will protect against STIs, manage the use of them and know how and where to access them. Reflection – are my relationships healthy?
FORM TIME	Appreciate the ways different cultures and faiths view relationships Respecting other’s rights to hold their own views
EXTRA-CURRIULAR	Recognise forced marriage and dishonor based violence FGM
Core Theme 3 Living in the wider world; economic wellbeing, careers and the world of work	
ASSEMBLIES	Being critical consumers of on line information in all its forms Understand why you need to think critically before sharing stories Understand cults, extremism and radicalization Recognise and challenge prejudice and discrimination British Values Elections – the importance of registering to vote Reflection – why is my vote important?
DEEP LEARNING DAYS	Applying for future roles Interview skills

	CV writing Identifying specific skills and qualities Interview skills Reflection – is my CV up to date and truly reflective of my skills
FORM TIME	Planning budget Understand the concept of customer service Understand savings options Managing debt
EXTRA-CURRICULAR	Young driver awareness

Overview

- At the TNHA sixth form centre we pride ourselves in arming our students with the skills they need to succeed in the wider world.
- Daily tutor sessions or assemblies provide a forum for discussion and information sharing around the three core themes. Our deep learning days are planned to cover the issues in greater depth.
- We respond to matters arising from local, national and international events and encourage student discussion.
- We observe national events such as 'International Women's Day' and the students continue independent research around the subject. They frequently explore 'wider issues' and run coffee mornings in aid of certain charities.
- Visiting speakers include members of the House of Lords, Local councilors and the area Road Safety Officer.
- We have participated in the research and creation of a video about sex education in schools organized by the MAP team and the BBC.
- Students attend careers events at universities and local careers fairs.
- We run team building events such as the annual 'Norwichopoly' and a residential trip to Devon.