

AUTUMN TERM YEAR 9	
Core Theme 1 Health and Wellbeing	
LOOL LESSONS	Recognise the impact of the media on body image Responding to the pressures of the media
DEEP LEARNING DAYS	Managing risk: financial, sexual, stress etc
DISCIMUS/ASSEMBLY	Recognise the importance of Internet Safety Understand the dangers Halloween and Bonfire Night and how to keep safe Bullying – how do we deal with this in our colleges Recognising the dangers of social media – reflection on how this will impact on personal behaviour
Core Theme 2 Relationships	
LOOL LESSONS	Understand that children may be exploited, including sexually, both in the UK and abroad. Recognise the impact of media portrayal of relationships
DEEP LEARNING DAYS	Peer pressure – how to say 'no'
DISCIMUS/ASSEMBLY	Playing your part in a team
Core Theme 3 Living in the wider world; economic wellbeing, careers and the world of work	
LOOL LESSONS	Assessing the options available at the end of the year and the influence they will have on the future Understanding the importance of Human rights and how they impact on all life stages
DEEP LEARNING DAYS	Islamaphobia – customs and myths British Values
DISCIMUS/ASSEMBLY	Winston Churchill - British values Past/present/future – recongising what our families did for us and what impact we can have on the future Human Rights – what does this mean to us? How do our rights affect us as we grow up? Whole school Armistice day memorial service – understand why we need to remember, forming opinions
EXTRA-CURRICULAR	Observation of Armistice Day

SPRING TERM YEAR 9	
Core Theme 1 Health and Wellbeing	
LOOL LESSONS	Understand how self-confidence and self-esteem can be impacted by changes in life
DEEP LEARNING DAYS	Assessing the characteristics of mental and emotional health – and strategies for managing problems
DISCIMUS/ASSEMBLY	Drugs and alcohol Practising safe use of IT Understanding the dangers of excessive or secret use of mobile devices Courage and innocence – explore what is meant by this
EXTRA-CURRICULAR	One Punch Can Kill Child Sexual Exploitation
Core Theme 2 Relationships	
LOOL LESSONS	Consequences of drugs and alcohol misuse The effects of addictive behaviour on friends and family Domestic violence – how to manage deal with this – where can I find help?
DEEP LEARNING DAYS	Understand the importance of contraception – the different types and where to source them
DISCIMUS/ASSEMBLY	Respect at TNHA Anti-bullying – real life stories – how would I act?
COMMUNITY	Swaffham Careers fair
Core Theme 3 Living in the wider world; economic wellbeing, careers and the world of work	
LOOL LESSONS	What new skills and qualities have I developed? Reflection – what do I need to work on?
DISCIMUS/ASSEMBLY	Understanding women’s rights Rags to riches/riches to rags – understanding that appearances are not the sole method of judging others Understand the difference between Nationalism and Patriotism British Science week – understand that science doesn’t just happen in our lessons Understand the meaning of ‘radicalisation’ – what does this mean to Norfolk students? What choices do I have to make at the end of the year?
EXTRA-CURRICULAR	Visit from Cruise Line worker – job opportunities Marketing at Banham Zoo

SUMMER TERM YEAR 9	
Core Theme 1 Health and Wellbeing	
LOOL LESSONS	Looking at the impact of drugs and alcohol on sexual behaviour Managing unwanted attention
DISCIMUS/ASSEMBLY	Maintaining a balance between work, leisure and exercise as part of a Healthy lifestyle Recognising the importance of Positive thought and how this affects self -esteem and confidence Knife and drug crime – why not to do it.
EXTRA-CURRICULAR	Residential trip to Kingswood – healthy living
Core Theme 2 Relationships	
LOOL LESSONS	Understanding Sexual diversity and showing respect
DEEP LEARNING DAYS	Dealing with sexual pressure – how to say no
DISCIMUS/ASSEMBLY	Recognise the importance of positive relationships in colleges and the wider community Understand the difference between healthy and unhealthy relationships for my age group
EXTRA-CURRICULAR	Residential trip to Kingswood – teamwork, taking risks, accepting new challenges, supporting each other
Core Theme 3 Living in the wider world; economic wellbeing, careers and the world of work	
LOOL LESSONS	Option choices, how they might affect career choices
DEEP LEARNING DAYS	Use of Plotr programme to inspire interest in a variety of careers Barclays Work skills
DISCIMUS/ASSEMBLY	Drugs – understand the difference between legal and illegal drugs Governments and the right to vote Olympics – the value of team work British Values – What makes us British? Maths in the real world – Social and moral dilemmas about the use of money